

The Future Is Now

100 DAY IMMERSION

Leading with Presence

— 2023 —

The New Leadership

Clarify, Empower & Actualize

If you want to build or inspire a powerful team, a lively community, or a lasting organization join us in these leading movements: slow down, go deep, and plan your way forward from a place of presence.

Connect with like-minded conscious business leaders and change-makers. Share your vision. Address challenges. Overcome perceived obstacles. Meet new opportunities. Learn new methods and discover approaches that spark creativity for and bring innovation to your projects. Tap into emergent wisdom as you access collective intelligence and inner guidance systems.

Create harmony through alignment for clear forward movement. Gather your team. Come to notice important insights and connections that support your initiatives as they arise. Bring an open heart and mind.

Three Phases

Phase 1—CURIOSITY

Presence & Self-Awareness - Dive Deeper and Practice Embodied Presence in your Daily Life

Phase 2—DISCOVERY

Align with Purpose - Hone in on Your Purpose, Vision, Mission and Area of Influence

Phase 3—EMPOWERMENT

Collaborate, Innovate and Empower - Co-create Mindfully in the World

DAILY & WEEKLY CALENDAR EVENTS TO CHOOSE FROM

**HOW TO APPROACH
the
100 DAY IMMERSION**

ACTUALIZE

Take steps to bring your *project to fruition*, to *expand yourself* in an area of development, or to *elevate your place, your cause, or your mission* in the world.

CONNECT

Join a community of like-minded leaders who are ready to explore the power of presence and awareness for insight in their personal and professional lives.

GROW

Experience transformation as you connect with yourself, with others, and with the world in a deeper way.

ALIGN

Discover how to align your actions with your deepest values and purpose for clear, forward movement.

ENGAGE

Create positive impact in the world. Embrace inner guidance and collective intelligence for insight and inspiration.

EMPOWER

Realize your potential and vision as an empowered and *empowering* leader.

COACHES, GUIDES, FACILITATORS

APPLY NOW for a spot on the calendar with your workshop, seminar, or group meetup.

INNER MBA GRADUATES

Keep the momentum going by *sharing ideas and collaborating*—determine concrete steps toward your inspired mission: **REGISTER NOW**.

LEADERS, EXPLORERS & ALL OTHERS

Ready to take action on your inspired vision? Immerse yourself in the journey of self-awareness, align with your purpose-driven calling and take meaningful action:

SIGN ME UP!

THE CORE PROGRAM, WEEK-BY-WEEK

Leading with Presence — *for Empowerment & Actualization*

Mondays, Weekly
at 9 am PT / 12 pm ET.

Phase 1 — CURIOSITY

Presence & Self-Awareness

Dive Deeper and Practice Embodied Presence in your Daily Life

Week 1 — **Create Clarity**

Weeks 2 & 3 — **Practice Daily**

Week 4 — **Explore**

Week 5 — **Access Deep Insight**

Phase 2 — DISCOVERY

Align with Purpose

Hone in on Your Purpose, Vision, Mission and Area of Influence

Week 6 — **Align with Purpose**

Weeks 7 & 8 — **Express Yourself Authentically**

Week 9 — **Energize and Affect Change**

Week 10 — **Act with Purpose**

Phase 3 — EMPOWERMENT

Collaborate, Innovate and Empower

Co-create Mindfully in the World

Week 11 — **Use Your Gifts**

Week 12 — **Emerge, Re-Emerge & Expand**

Week 13 — **Create, Express & Innovate**

Week 14 — **Champion Yourself & Others**

SESSIONS

CLARIFY, EMPOWER & ACTUALIZE

Leading with Presence

— Mondays —

Join us in these leading movements: slow down, go deep, and plan your way forward from a place of presence. Connect with like-minded conscious business leaders and change-makers. Share your vision. Address challenges. Overcome perceived obstacles. Meet new opportunities. Learn new methods and discover approaches that spark creativity for and bring innovation to your projects. Tap into emergent wisdom as you access collective intelligence and inner guidance systems. Create harmony through alignment for clear forward movement. Gather your team. Come to notice important insights and connections that support your initiatives as they arise. *Mondays:* 9 am PT / 12 pm ET.

YOUR SOUL CHANNEL

Trust Circle

— Tuesdays —

Trust Circle is a place for people to gather, receive and give support, be in a community that promises to hold you, see you, and be with you in respect and love. Sometimes it's serious as we talk about world events, sometimes it's playful and fun. It's always deeply intentional and filled with love. It is a place to connect with your soul. Teresa writes, "Throughout my life, I wished for a place that would unconditionally hold me and support me without expectations. I couldn't find it, so I created it. Welcome to Trust Circle." *Tuesdays, weekly:* at 9 am PT / 12 pm ET.

LEAD AN IMPACTFUL LIFE

Divine Soulchemy

— Tuesday, August 1 —

Divine Soulchemy™ — The Art of Spirit-Mind-Body Alignment — is divinely inspired and designed specifically for those who are ready to lead more real, bold & impactful lives by aligning with their Higher Consciousness. It's an interactive program which guides individuals into a deeper connection with themselves and their spirit, increasing self-awareness, self-love and self-trust. With Tilde Guajardo. Donate option www.iامتilde.com/donate

DEEPEN CONNECTION

LeaderShift Labs

— Wednesdays —

Experience empowering transformation as you unleash your authentic voice and liberate yourself from external constraints. Move from a place of restriction to unwavering confidence. Step back into your world with a new perspective. As you emerge from each session of LeaderShift Labs, you will gain heightened clarity as you dedicate time to forge deep connections with yourself and like-minded community members. Ignite your leadership voice in our soulful community. Facilitated by Sharlene Shah and Kevin.

EXPLORE & EXPAND

Healing Circle

— Thursdays —

This circle provides the space to safely explore our multi-dimensional selves—with kindness, compassion, and safety-- as we recognize our true essence as Unitive Consciousness. When we gather in community, healing occurs when we are held, seen, and heard. We do this for one another with grace, playfulness, and light. We begin with connection and meditation, then allow the energy to take us into discussion of what is present. The power of this community allows us to explore and expand beyond our constructs, BS (belief systems), and perceived limitations to go deeper with curiosity and compassion. Come with kindness, compassion, and self-awareness; recognize free will and ownership of choice; allow your heart and mind to open and widen. Please ask if you would like us to hold an intentional moment for your focused healing. With Amy Smith. *Thursdays, weekly:* at 9 am PT / 12 pm ET.

ADDRESS UNCERTAINTY

Visionary Strategies

— Fridays —

Join us for interactive discussions about the nature of reality, consciousness, the source of intelligence, integrating life experience, visionary strategies, emerging wisdom, and daily practice—waking up to a life you love. Understand and integrate multiple perspectives and a more expansive world view as you hone in on your own purpose, vision, mission and area of influence. Reframe challenges and discuss more empowering habits and mental models. Gain confidence in navigating an uncertain future from a place of calm, presence and clarity. With Kristin Colier and Kevin. *Fridays:* 12 pm PT / 3 pm ET.

SCHEDULE

— ONGOING SESSIONS —

Daily Practice — Center, Empower & Actualize

Monday through Friday — 5 days per week at 7 am PT / 10 am ET for 15 to 30 minutes

Leading with Presence

Mondays — weekly at 9 am PT / 12 pm ET for 60 to 90 minutes, to Sept. 25 (except Aug. 7)

Trust Circle

Tuesdays — weekly at 9 am PT / 12 pm ET for 60 minutes

Soul Channel

Thursdays — 9 am PT / 12 pm ET for 60 minutes, themed dates to be announced

Healing Circle

Thursdays — weekly at 9 am PT / 12 pm ET for 60 minutes

Visionary Strategies

Fridays — weekly at 12 pm PT / 3 pm ET for 60 to 90 minutes, to Sept. 22 (except Aug. 4 & 25)

— SPECIAL SESSIONS —

Divine Soulchemy™

Tuesday August 1 at 11 am PT / 2 pm ET

— CLOSING CELEBRATION —

Friday, **September 22** — last **Visionary Strategies** session, 90 minutes

Saturday, **September 23** — **Closing Celebration** starts 9 am PT / 12 pm ET, 3 hours

Monday, **September 25** — last **Leading with Presence** session, 90 minutes

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Leading with Presence

is an

— Emergent Wisdom Journey —

Emergent Wisdom gatherings and events are experientially focused. This series is designed to give you first-hand transformational insight which you can apply to your personal and professional life.

Emergent Wisdom

JOURNEYS

Many of us are deeply moved by what we experience as we connect with our selves, others, and the world in meaningful ways. These exploratory journeys bring about profound inner transformation. We find ourselves developing personally, professionally, and spiritually.

As we come together we are given opportunities to realize deeply sourced insight—emergent wisdom—as it moves through us, individually and collectively.

When we connect deeply with ourselves, and with others, wisdom emerges.

Insight arises from the cultivation of awareness,
and from this fertile ground, inspired action springs forth.

*Let us come to cultivate awareness,
and to experience the power of presence
as the source for insight and inspired action.*

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Please note the following exceptions.

Presence, Solving Our Biggest Challenges by The Being Team: Matt McLaughlin, Sharlene Shah, & Kevin JT Binder;
LeaderShift Labs by Sharlene Shah; Visionary Strategies by Kristin Colier; Soul Channel and Trust Circle by Teresa Wornstaff; Divine Soulchemy™ by Tilde Guajardo; Healing Circle by Amy Smith.